

ZERO BALANCING I

COMING TO HIAWATHA, IA
AT PRAIRIEWOODS RETREAT CENTER
OCTOBER 17—20, 2019



with
Sheila McCarthy-Daskovsky, LMT and Kate Grotheer, PT
DEEPEN YOUR BODYWORK WITH THE
CLARITY, PEACE AND STABILITY OF
BONE ENERGY



ZERO BALANCING I

Go beyond physical structure and discover the relationship between body and energy.

This is the first course of the Core Zero Balancing curriculum and introduces the intellectual and practical framework of the art and science of Zero Balancing. ZBI teaches students how to work gently with the primary architecture of the body - the skeleton.

COURSE OUTLINE:

- The basic Zero Balancing protocol
- Theory and principles of ZB energy anatomy
- To distinguish body energy and body structure through touch
- The skill of using energy as a working tool
- The energetic anatomy of the skeleton
- The theory and application of fulcrums
- How to give a ZB session
- How to encourage energy to flow easily through the bones and joints

"Perhaps the most exciting, consistently interesting and educational workshop I've taken, ever."

Esalen Student

Super Saver: \$595.00

(60+ days in advance)

Early Registration: \$695.00

(30 -60 days in advance)

Tuition: \$795.00

Register online at:
www.zerobalancing.com

Or call:
Sheila McCarthy-Daskovsky
at
847-293-5291

Accommodations:

Prairiewoods Retreat Center
www.prairiewoods.org
319-395-6700

CE Hours: 25

Course Length: 4 Days

NCBTMB/NCCAOM
Approved

AHNA Approved