



## **Zero Balancing II**

Zero Balancing II is the second half of the Core Zero Balancing program, in which students review the material from ZB I, while learning new fulcrums and expanding their understanding of how and why Zero Balancing is so effective. In particular, students learn second-hand techniques, add vectors and explore new areas in which to place fulcrums. ZB II is a great repeat course, including the most up-to-date methods for Zero Balancing. If you haven't had a ZB course in a while, this would be a good one to take.

**Oct. 17 - Oct 20th, 2019**

**9 am to 5pm (Thurs. - Sun.)**

**Tuition: \$795.00 (Super Saver: \$595.00 – by 8/17)**

**Place: Prairiewoods Retreat Center, Hiawatha, IA**

**CEU/PDAs for LMTs, LAc's, PTs, PTA's, OT's, Holistic RNs - 25hrs**

### **You Will Learn:**

- A review of the basic ZB protocol with an emphasis on quality of touch, focus and positioning of the practitioner
- To deepen your understanding of ZB theory, principles and techniques
- Additional techniques to create an expanded protocol (2nd hand)
- New skills and coordination in handling energy and structure
- How to frame or set goals for a ZB session
- To advance your ability to work with expanded states of consciousness
- To give and receive constructive peer feedback
- To acquire experience in preparation for advanced study

### **Testimonials:**

*"New fulcrums = more possibilities for treatment."*

**-Alan Willoughby, MT**

*"Wonderful review, great insights into ZB and clarification of principles."*

**-Marcia Ferry, LMT**

*"The fuller attention to theory, the honor of the work, the clean, clear intentions – not only apply in my practice but my life."*

**-Katie Clark, MT**

Instructor: Ty Romijn, CZB, LAc.

Faculty:

Zero Balancing Health Association - 7 years

Taoist Institute of Education and Acupuncture (Acupuncture School) - 13 years

Certified instructor of Tung Family T'ai Chi Ch'uan - 20 years



To Register:

Contact Ty Romijn: [tyromijn@gmail.com](mailto:tyromijn@gmail.com) / 720.224.1200

[https://www.zerobalancing.com/professional\\_training/calendar\\_detail/instructor/2984](https://www.zerobalancing.com/professional_training/calendar_detail/instructor/2984)

Or local contact Morgan Rivers: [morgan@healingpartners.biz](mailto:morgan@healingpartners.biz) / 515.783.5122

**To register for Lodging and Meals, contact Prairiewoods: <http://prairiewoods.org>  
or call (319)395-6700**

Prairiewoods is a retreat center located on 70 acres of land near Cedar Rapids, IA. Its mission is to focus on programs of ecology, spirituality and holistic health. The Prairiewoods campus includes the center, a 19-room guest house, two hermitages, a private residence and an I-Renew training facility. In addition to these buildings, it features a media center, meditation room, gift shop, gardens, outdoor labyrinth, 2 ½ miles of walking trails and a traditional sweat lodge. Accommodations are simple, affordable and provided with a strong sense of hospitality. Guests enjoy buffet-style meals prepared on-site to meet specific dietary needs. All meals—breakfast, lunch and dinner—are available. Whenever possible, Prairiewoods serves organic foods grown locally in their own garden or purchased through CSA's.