



Zero Balancing Makes Normal Better ~ And Better Normal

"Zero Balancing is the best-kept secret in bodywork therapy. It eases your mind as much as it relaxes your body, giving you a direct experience of balance and internal harmony. Zero Balancing makes it possible for you to become what you always knew you could be, if only you knew how." Pam Geggus, CZB, LAc

This first course introduces the art and science of Zero Balancing. Working with both energy and structure, the practitioner addresses the root or cause of imbalances. Instructors provide a detailed study guide, clear presentations, and demonstrations of Zero Balancing.

Oct. 18 - Oct 21st, 2018

9 am to 5pm (Thurs. -Sun.)

Tuition: \$795.00 (Super Saver: \$595.00 – by 8/18)

Place: Prairiewoods Retreat Center, Hiawatha, IA

CEU/PDAs for LMTs, LAc's, PTs, PTA's, OT's, Holistic RNs - 25hrs

You will learn:

- The basic Zero Balancing protocol
 - Theory and principles of ZB
- To distinguish body energy and body structure through touch
 - The energetic anatomy of the skeleton
 - How to give a ZB session

"One of the best courses for PT's. In my 42 years of practice I have attended 2-3 courses a year - over 100 courses. ZB is in the top 5% - a must attend!" Susan Blum, Physical Therapist

"Zero Balancing lets you get really clear on the touch connection you have with your clients. When you learn the technique well it can reduce your own fatigue since you can affect change more quickly than with massage alone." Cindy Jackson CMT, ZB Faculty

"Ty covered every aspect of this learning experience in a comprehensive and complete manner, harmonizing the flow of knowledge in an artistic way. Enjoyed every aspect of this learning experience!"
Nora Aswad, RD

Instructor: Ty Romijn, CZB, LAc.

Faculty: Zero Balancing Health Association - 6 years

Taoist Institute of Education and Acupuncture (Acupuncture School) - 12 years

Certified instructor of Tung Family T'ai Chi Ch'uan - 19 years



To Register:

Contact Ty Romijn: tyromijn@gmail.com / 720.224.1200

or http://www.zerobalancing.com/professional_training/calendar_detail/instructor/27

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Or local contact Morgan Rivers: morgan@healingpartners.biz / 515.783.5122

To register for Lodging and Meals, contact Prairiewoods: <http://prairiewoods.org> or
call (319)395-6700

Prairiewoods is a retreat center located on 70 acres of land near Cedar Rapids, IA. Its mission is to focus on programs of ecology, spirituality and holistic health. The Prairiewoods campus includes the center, a 19-room guest house, two hermitages, a private residence and an I-Renew training facility. In addition to these buildings, it features a media center, meditation room, gift shop, gardens, outdoor labyrinth, 2 ½ miles of walking trails and a traditional sweat lodge. Accommodations are simple, affordable and provided with a strong sense of hospitality. Guests enjoy buffet-style meals prepared on-site to meet specific dietary needs. All meals—breakfast, lunch and dinner—are available. Whenever possible, Prairiewoods serves organic foods grown locally in their own garden or purchased through CSA's.