



The Dances use simple music, lyrics, and movements to touch the spiritual essence within ourselves and others. No musical or dance experience of any kind is required and everyone is welcomed to join in.

www.dancesofuniversalpeacena.org

First Sunday of the Month

(2:30 – 4:00 PM)

2016 DATES

January 3, February 7, March 6 (Chant 1 pm), April 3, May 1, June 5 (Kids), July 3 (Gather Inn), August 7, September 4 (Chant 1 pm), October 2, November 6, December 4

No Charge ~ Donations Gratefully Accepted

Unity of Des Moines
414 31st Street Des Moines, IA 50312
(South of Grand near DMU)

Special Events

January 3: New Year/New Beginning 1:00 - 6:00

July 3: At the Gather Inn 12:00 - 6:00

*For more information, contact Morgan Rivers at
515-783-5122*