



A type of moving meditation, the Dances use simple music and lyrics inspired by many spiritual traditions of the Earth. Old hands and new arrivals form the circle.

www.dancesofuniversalpeacena.org

First Sunday of the Month

1:30 ~ Chant

2:30 - 4 ~ Dances

2019 DATES

January 6 (NY/NB), February 3, March 3, April 7, May 5, Jun 2 (Kids/ No Chant), July 7 (Gather Inn), August 4, (15th Anniversary), September 1, October 6, November 3, December 1

Donation basis

Unity Center
414 31st Street Des Moines, IA 50312
(South of Grand near DMU)

Special Events

January 6: New Year/New Beginning 1:30 – 5:30

April 26 – 28: Dances Retreat near Newton

July 7: The Gather Inn, Earlham Noon – 5:30

For more information, contact Morgan Rivers at 515-783-5122.