



The Dances use simple music, lyrics, and movements to touch the spiritual essence within ourselves and honor it in others. No musical or dance experience of any kind is required and everyone is welcomed to join in.

www.dancesofuniversalpeacena.org

First Sunday of the Month

1:30 ~ Chant

2:30 - 4 ~ Dances

2018 DATES

January 7, February 4, March 4, April 1,
May 6, June 3 (Kids/No Chant), July 1 (Gather Inn), August 5,
September 2, October 7, November 4, December 2

No Charge ~ Donations Gratefully Received

Unity of Des Moines
414 31st Street Des Moines, IA 50312
(South of Grand near DMU)

Special Events

January 7: New Year/New Beginning 1:00 - 4:30

April 20-22: Dances Retreat

July 1: The Gather Inn, Earlham Noon-5:30

For more information, contact Morgan Rivers at 515-783-5122.