



ZB Study Day

Saturday, August 17, 2019

9AM to 5PM

Walnut Ridge

1701 Campus Drive, Clive IA 50325

This is a one-day refresher and update class for Core Zero Balancing. Review/Study Days enhance the process of learning Zero Balancing, allow ZB'ers to develop relationships with each other and get valuable feedback from ZB practitioners. Students have the opportunity to delve deeper into fulcrums and focus on areas where they may feel unsure. Student questions shape the lessons and the format may include presentations, demonstrations, touch feedback and swaps.

Fun, fun, fun!

\$100

Send check and contact info to instructor Kate Grotheer by August 1st:

1889 Iglehart Ave

St. Paul, MN 55104

Questions? Contact Kate @ ksgrotheer@yahoo.com